

FACULTY PROFILE
DEPARTMENT of Psychology

I. Personal Details:

- a. Name : Dr. Joseph M I
- b. Designation: Associate Professor
- c. Date of joining the University and post to which joined: 20-08-1998 ;Lecturer
- d. Course taught: M A, MPhil-PhD
- e. Area of specialization: Organizational Behavior; Stress; Positive Psychology
- f. Address with Phone No.

Permanent Address	Present Address
Mundackal House Mudikkal P O Perumbavoor -683 547 0484- 2524810 9446277621	same

II. Academic Qualifications:

From P.G Level

Sl. No	Course	Institution	University	Year of passing
1	MA	Dept. of Psychology	<u>University of Kerala</u>	1980
2	PhD	Dept. of Psychology	University of Kerala	1991
3	PGDCAFC	CDC	University of Kerala	2006

III. Achievements and Awards:

No	Title of the award	Field	Sponsored by	International/ National/Regional	Year &Month
1	Best Research Paper	Research	Kerala Manasatra Parishat	Regional	1984; 1985;1986

2	Best Research Paper	Research	ARDSI	National	2008
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IV. Research Projects:

•Completed:

Sl.No.	Title of the Project	Duration	Consultancy/Funding Agency
1	Ethics and Values	1 year	UGC

•Ongoing:

Sl.No.	Title of the Project	Duration	Consultancy/Funding Agency
1	Psychosocial needs, adjustment status, and mental health in old age	1 year	U G C

V. List of publications in research journal and other magazines (last 5 years) in chronological order i.e from latest to the older:

Sl.No.	Title of the Publication	Name of Journal	ISSN/ISBN No.	Year of Publishing
1	Jaya, A.T. & Joseph M.I. Relationship among Spiritual Intelligence, Emotional Intelligence and Subjective Well-Being	Journal of the Indian Academy of Applied Psychology ,38,3,175-184	ISSN 0019-4247	2012
2	Soumya Starlet, T.C. & Joseph M.I. Emotional Intelligence and Locus of Control: A Comparative Study of Orphans and Non-orphan Students	Proceedings of the UGC sponsored National Seminar on Child Sevelopment; Department of Psychology ; SSUS; Kalady		2012

3	Harishkumar C.V. & Joseph M.I. Parental Bonding as a Correlate of Problems among Adolescents	do		2012
4	Marikutty P.J. & Joseph M.I. Psychological Well-Being of Adolescents	do		2012
5	Neelima K.N. & Joseph M.I. Mental Health as a Correlate of Adjustment among Adults	do		2012
6	Shinoj A.M. & Joseph M.I. Subjective Well-Being, Happiness and Locus of Control in Tribal and Non-tribal Male Students	do		2012
7	Bini P.V., Sangeetha, V.S., & Joseph, M.I. Impact of Spirituality based Education on Creativity, Study Habits, and Mental Health: A Study on Upper Primary School Children	do		2012
8	Rekha K.S. & Joseph M.I. Social Intelligence and General Intelligence: A Comparison among ADHD and Normal Children	do		2012
9	Jayanthi P Nair & Joseph M.I. Emotional Competency and Happiness among Adolescents	do		2012
10	Joseph M.I. & Thomas George Alienation in Old Age: A Comparative Study	The psychespace, 5, 2, 20-25	ISSN- 0974-8814	2011
11	Jaya A.T. & Joseph M.I. Spiritual Intelligence and Subjective Well-Being: A Comparative Study in Monastics and Non-monastics	the psychespace, 5,1, 12-19.	ISSN 0974 - 8814	2011
12	Jaisri M. & Joseph M.I. Temperament and Emotional Intelligence among Smokeless Tobacco Abusers and Non-abusers	The psychespace, 4,2,1 – 5.	ISSN 0974 - 8814	2010
13	Shinoj A.M. & Joseph M.I. General Health and Memory Functioning of Drug Addicts: A Study on Injecting Drug Users	The psychespace, 6, 1, 1– 6.	ISSN 0974 - 8814	2010
14	Soumya Starlet T.C. & Joseph M.I. Emotional Intelligence and Subjective Well-Being:	The psychespace, 4,1,8-16	ISSN 0974 - 8814	2010
15	Jayanthi P Nair & Joseph M.I. Job Stress and Strains in Police: A Search for Gender Difference	The psychespace, 3, 2, 1-7	ISSN 0974 - 8814	2009

16	Marykutty P J & Joseph M I Impact of Stress on Adjustment and Well- Being of Adolescents	The psychespac e,3 ,1, 1-9	ISSN 0974-8814	2009
17	Rahul A.G. & Joseph M.I. Influence of Meditation on Anxiety	Indian Journal of Community Psychology ,5, 2, 228-234	ISSN- 0974-2719	2009
18	Rahul A.G. & Joseph M.I. Influence of Meditation on Anxiety	Indian Journal of Community Psychology ,5, 2, 228-234	ISSN- 0974-2719	2009
19	Manjulakshmy P.S. & Joseph M.I. Art of Living and Psychological Well-Being	Journal of Indian Psychology ,26, 1&2, 47-51	ISSN- 0972-5431	2008
20	Marykutty P.J. & Joseph M.I. Emotional Intelligence and Parenting Styles: A Preliminary Study among Adolescents	The psychespac e, 2, 2, 58-65	ISSN 0974-8814	2008
21	Jayanthi P Nair & Joseph M.I. A Comparative Study of Job Stress and Strains in Women Professionals	The psychespac e, 2, 1, 1-13.	ISSN – 0974-8814	2008
22	Hena N.N. & Joseph M.I. Subjective Well-Being and Clinical Background of Women Prisoners	Proceedings of the UGC Sponsored National Seminar on Ethics and Values; Department of Psychology ; SSUS; Kala dy		2008
23	Sreekumar R. & Joseph M.I. Altruistic Behaviour and Mental Health	do		2008
24	Marykutty P.J. & Joseph M.I. Value Development in the Context of Family and School- Theories and Techniques	do		2008

25	Joseph M.I. Value Erosion Among Children: Who are the Real Culprits?	do		2008
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VI. Details of presentations in academic seminar & workshops (last five years):

Sl.No	Title of the Paper presented	Theme of the conference/Seminar	Organized By	Whether Int.Ntnl/Ntnl/state /Colleges/University	Date/ Duration
1	Jaisri.M & Joseph, M.I. Psychological Wellbeing and Emotional Maturity among Dual-Employed Couples.	Psychology for Enhancing Happiness, Harmony and Peace	St. Agnes College, Mangalore, UGC sponsored	National	14/3/2013 and 15/3/2013
2	Justine Joseph & Joseph, M.I. Emotional Competence and Happiness among Physical Education Students.	Positive Behaviour: Perspectives and Applications	Pondicherry university	National	21/9/2012 and 22/9/2012
3	Jaisri.M. & Joseph, M.I. Marital Adjustment and Psychological Well-Being among Working Couples	Positive Behaviour: Perspectives and Applications	Pondicherry university	National	21/9/2012 and 22/9/2012
4	Shinoj, A.M & Joseph, M.I. Self-esteem and Locus of Control among B.Ed students: A comparative Study	Positive Behaviour: Perspectives and Applications	Pondicherry university	National	21/9/2012 and 22/9/2012
5	Unnimol, K.K., & Joseph, M.I. Art of Living and Psychological Well-being.	Current Trends and Challenges in Applied Psychology	University of Calicut	National	14/10/2010 and 15/10/2010
6	Bini, P.V., & Joseph, M.I. Placing Freud's concept of sublimation in Buddhist socio-culture situations.	Current Trends and Challenges in Applied Psychology	University of Calicut	National	14/10/2010 and 15/10/2010

7	Hena, N.N &Joseph,M.I. Psychological Impact of Neuropsychiatric Problems of Elderly with Dementia on the care givers.	Dementia Care and Research	Manipal hospital, Bangalore	National	27/9/2008 and 28/9/2008
8	Marikutty,P.J; &Joseph,M.I. Biodiversity and Mental Health	Biodiversity	Kochi	International	3/2/2008 to 6/2/2008

VII. No. of Ph.D Produced:

Sl. No	Name of the Research Scholar	Title	Year	Specify in SSUS/Other University
1	Vidyaswari, V	Impact of Job Stress on Psychosomatic Complaints and Job Satisfaction	2007	SSUS
2	Jayanthi p Nair	Job Stress in Women Ploice	2007	SSUS
3	Thomas George	Adjustment in Old Age: A Comparative Study	2009	SSUS
4	Marikutty ,P.J.	Stress and Psychological Well-being in Adolescents: An Analytical Study	2009	SSUS
5	Rahul, A. G.	Effect of Meditation on Anxiety and Concomitant Cognitive Performance	2010	SSUS
6	Sherin, P. Antony	Clinical and Neuropsychological Profiles of Patients with Myocardial Infarction	2012	SSUS
7	Soumya Starlet .T.C	Psychological Correlates of Anxiety Disorders	2013(Submi tted)	SSUS

VIII. No. of M.Phil/Ph.D Students at present:

Sl. No	Name of the Research Scholar	Title	Year of Admission	Specify M.Phil/Ph.D	Specify in SSUS/Other University
1	Bini P V	Possession Disorder: An Investigati	2007	Ph.D	SSUS

		on into Familial and Temperam ental Factors			
2	Hena N N	Stress and Adjustmen t among persons with Movement Disorders	2007	Ph.D	SSUS
3	Rekha K S	Comparati ve study of conduct – disordered and normal children among home environme nt, coping and adjustment	2008	Ph.D	SSUS
4	Baiju Chandy	Correlates of Psychologi cal well- being among Adoloscent s	2009	Ph.D	SSUS
5	Jaya A T	Role of Interperson al Sensitivity and Personality in General Well-being	2009	Ph.D	SSUS
6	Shinoj A M	Cognitive Styles, Personality and Well- being of Tribal Students: A	2010	Ph.D	SSUS

		Comparitive Study			
7	Justine Joseph	Psychosocial Profiles of life style diseases	2012	Ph.D	SSUS
8	Jaisri M	Psychosocial correlates of Happiness in Adults	2013	Ph.D	SSUS
9	Soumya Uthaman	Resilience, Self esteem, Spirituality Locus of control and Well-being among Orphans	2013	Ph.D	SSUS
10	Priyanka Vijayan		2013	M.Phil	SSUS
11	Gladys.V		2013	M.Phil	SSUS
12	Remya Ramachandran		2013	M.Phil	SSUS

IX. Other information (Membership in academic bodies/professional bodies in Colleges, Universities, Other Govt. Institutions):

Sl.No.	Board	Name of the Authority	Period
1	Syndicate	SSUS	2005- 2010
2	Senate		
3	Academic Council	SSUS	1997- 2012
4	Faculty	SSUS	2006-2013
5	Board of Studies	SSUS; Kannur	1997-2013; 2008- 2012
6	Research/Doctoral Committee	Psychology; Philosophy; Social Work; English; Sanskrit General	
7	NSS/NCC	SSUS	1996-1998
8	Others (Specify)		

X. Any other relevant details (specify):

- 1. Chief Promoter and Founder Secretary of CO-Operative Store; SSUS; Kalady**
- 2. Director – Counselling and Career Guidance Centre; SSUS; Kalady**
- 3. Chief – University Employment Information and Guidance Bureau; SSUS; Kalady;**

2006-2009.

- 4. Public Information Officer- SSUS; 11-07-2007 to 18-08-2007**
- 5. Teacher in charge of Controller of Examinations; SSUS; 11-07-2007 to 07-07-2008**
- 6. Director, Planning and Development; SSUS; 01-06-2012 – till date**
- 7. Member, SSUS Planning Board – 2004 – 2012**
- 8. Assistant co-coordinator – NAAC**
- 9. Convener, High level committee for submitting UGC 12th Plan Proposals**
- 10. Editor, SSUS Research Bulletin**
- 11 Chairman, Zero semester Committee, 2006 – 2007.**
- 12. Chairman, Space Committee, 2006- 2007**
- 13. HoD i/c of the Departments of Social Work, Politics, Economics, and Tourism for various periods.**

NB: Enclose the proof of item I c and II - IX