

FACULTY PROFILE**DEPARTMENT: Physical Education****I. Personal Details:**

- a. Name: Dr. Dhinu.M.R
- b. Designation Assistant Director & Head
- c. Date of joining the University and post to which joined: 31.08.2004 Assistant Director
- d. Course taught
M.P.Ed (Master of Physical Education)
Bachelor of Arts
- e. Area of specialization Exercise Physiology & Training Methods
- f. Address with Phone No.

Permanent Address	Present Address
Manakkunnath House Irinjalakuda North Thrissur-680125 Ph.9446905243	Nuestro Circo XI/125, First Floor Ashramam Road Kalady-683574 Ph.9446905243

II. Academic Qualifications:

From P.G Level

Sl. No	Course	Institution	University	Year of passing
1	M.P.E.S	Department of Physical Education	Annamalai	1996
2	Ph.D	Department of Physical Education	Annamalai	2003

III. Achievements and Awards:

No	Title of the award	Field	Sponsored by	International/ National/Regional	Year & Month

IV. Research Projects:**(a) Completed:**

Sl.No.	Title of the Project	Duration	Consultancy/Funding Agency

(b)Ongoing:

Sl.No.	Title of the Project	Duration	Consultancy/Funding Agency

V. List of publications in research journal and other magazines (last 5 years) in chronological order i.e from latest to the older:

Sl.No.	Title of the Publication	Name of Journal	ISSN/ISBN No.	Year of Publishing
1	Body Proportion and Physique of Collegiate Male Freestyle Sprint Swimmers	International Journal of Health, Physical Education and Computer Science in Sports	ISSN 2231-3265	2012
2	Psychological Skills Training and its Effect on Sports Performance	Journal of Physical Education and Allied Health Sciences	ISSN 2249-2380	2012
3	Anthropometric and Morphological Characteristics of Elite Male Track and Field Athletes in Kerala	Indian Journal for Research in Physical Education and Sports Sciences	ISSN 0973-9025	2011
4	Interference effect of Interval Training and Circuit Training on Explosive Strength Speed and Endurance among boys	VOICE OF SPORTS- Research Journal on Physical Education and Sports	ISSN 0975-4687	2011
5	Anthropometric Profile of Volleyball and Handball Players in Kerala	VOICE OF SPORTS- Research Journal on Physical Education and Sports	ISSN 0975-4687	2010
6	Physical Activity and oxidative stress during aging	VOICE OF SPORTS- Research Journal on Physical Education and Sports	ISSN 0975-4687	2009

7	Effect of low intensity aerobic training on exercise induced oxidative stress among middle aged	VOICE OF SPORTS- Research Journal on Physical Education and Sports	ISSN 0975-4687	2009
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VI. Details of presentations in academic seminar & workshops (last five years):

Sl.No	Title of the Paper presented	Theme of the conference/Seminar	Organized By	Whether Int.Ntnl/Ntnl/state/Colleges/University	Date/ Duration
1	Analysis of body composition and somatotype characteristics of elite male collegiate track and field athletes	International sports science conference on contemporary trends & research in sports exercise and physical education	School of medical sciences Universiti Sains Malaysia, Malaysia	International	2012
2	Morphological characteristics of collegiate badminton players		Gurukul Kangri Vishwavidyalaya, Haridwar	International	2012
3	Physical activity- the elixir of life	International conference on emerging trends in fitness for longevity	Alagappa university	International	2009.

VII. No. of Ph.D Produced:

Sl. No	Name of the Research Scholar	Title	Year	Specify in SSUS/Other University

VIII. No. of M.Phil/Ph.D Students at present:

S l. No	Name of the Research Scholar	Title	Year of Admission	Specify M.Phil/Ph.D	Specify in SSUS/Other University
1	Mohammed Anfal	Incidence and prevalence of sports injuries among university level sportspersons	2011	Ph.D	Other
2	Shitto P. Jose	Comparative effect of different resistance training on selected physical and performance related variables of volley ball players	2011	Ph.D	Other
3	Shibu P.P	Effect of varied exercise programme on selected physiological and biochemical variables of type2 diabetic patients,	2011	Ph.D	Other

4	Silja P. Chacko	Effect of aerobic dance and yogic practices on the health related fitness and biochemical variables among middle aged women	2011	Ph.D	Other
5	Suni K.P	Youth risk behavior and attitude towards physical activity of high school students in Kerala	2012	Ph.D	SSUS
6	Manesh Kumar Murali M.	Development and application of an optimized kinematic and biomechanical model for elite javelin throwing	2012	Ph.D	SSUS
7	Sangeetha P.		2012	Ph.D	SSUS

IX. Other information (Membership in academic bodies/professional bodies in Colleges, Universities, Other Govt. Institutions):

Sl.No.	Board	Name of the Authority	Period
1	Syndicate		
2	Senate		
3	Academic Council	Member	
4	Faculty		
5	Board of Studies	Convener	
6	Research/Doctoral Committee	Convenor	
7	NSS/NCC		
8	Others (Specify)		

X. Any other relevant details (specify):

NB: Enclose the proof of item I c and II - IX