

Syllabus for Undergraduate Course

Mohiniyattam

SEMESTER I

Course code	Title of the Course	Credits	Working Hours
IB111Mo	Basics of Mohiniyattam - Practical I	3	4
IC125 Mo	Structure of Mohiniyattam - Theory	3	4

SEMESTER II

I1B112Mo	Recital items (Part 1) - Practical II	3	4
I1C126Mo	Basic lessons of Mohiniyattam - Practical I	3	4

SEMESTER III

IIIB113Mo	Recital Items (Part II) - Practical III	4	5
IIIC127Mo	Nritta aspect of Mohiniyattam - Practical II	4	5

SEMESTER IV

IVB114Mo	Recital items (Part III) - Practical IV	4	5
IVC128Mo	Nritta and Nrithya aspects of Mohiniyattam - Practical III	4	5

SEMESTER V

Course code	Title of the Course	Credits	Working Hours
VB115Mo	Recital items - Part IV (Practical V)	4	5
VB116Mo	Viniyoga based on Hasthalakshanadeepika - (Practical VI)	4	5
VB117Mo	General Introduction to Indian Dances – Theory I	4	5
VB118Mo	General Information and Informatics to the Area of Mohiniyattam – Theory II	4	5
VD129Mo	General Introduction to Mohiniyattam- Theory	4	5
VB119Mo	Project work - (Practical VII)	1	1

SEMESTER VI

VIB120Mo	Recital items - Part V (Practical VIII)	4	5
VIB121Mo	Music and Rhythm of Mohiniyattam items (Practical IX)	4	5
VIB122Mo	Stage performance (Practical X)	4	5
VIB123Mo	Life and contributions of Mohiniyattam Masters and Institutions Theory Paper III	4	5
VIB124 Mo	Life and contributions Music Composers in Mohiniyattam Theory Paper IV	4	5

Semester 01

Course 01

Course Name : Basics of Mohiniyattam (Practical-I)

Course Code : IB111Mo

Aim and objectives

The course aims at moulding a student into a dancer through the systematic practice of the fundamentals ie; sadhakas, adavus, usages of triangas, tala etc. For a lasya form of dance with delicate movements, the body needs rigorous practice for attaining balance.

Module I

Body exercises

- Chuzhipu - 6
- Mandalas - 5
- Padabhedas - 5
- Charis - 14

Module II

Angas, Upangas, Pratyangas and their usages

- Neck Movements
- Eye Movements
- Head Movements

Module III

- Hand gestures
- Basic Mudras
- Different types of Hastas (Devata, Dasavatara, Abhinaya, Misra, Bandhu, Samana, Samanardha)

Module IV

Adavus (part -1)

- Taganam, Gaganam, Dhaganam
- Sapta Talas

Semester 02

Course 02

Course Name : Recital Items of Mohiniyattam (Practical-II)

Course Code : IIB112Mo

Aim and objectives

1. The course is intended to provide systematic dance training through the basic adavus and the recital items.
2. To familiarize the students with the nritta aspects of Mohiniyattam.
3. To give knowledge on the essential elements like mudras, tala etc.

Module I

Previous lessons (Revision)

- Exercises
- Chuzhippu
- Adavus
- Mudras

Module II

Recital Items and Adavus (part 2)

- Sammisram and theermanam
- Cholketu

Module III

Hand Gestures

- Mudras
- Viniyogas - pataka and mudrakhyam

Module IV

Thala Systems

- Talas of mohiniyattam adavus
- Tala of cholketu

Semester 03

Course 03

Course Name : Recital Items of Mohiniyattam (Practical-III)

Course Code : IIB113Mo

Aim and objectives

1. Aim of the course is to emphasis the training of angikabhinaya.
2. Moulding the talents in abhinaya through various sadhakas.
3. To study the usages of various hand gestures.

Module I

Revising lessons

- Excercises and Chuzippu-s
- Cholkettu

Module II

Recital items

- Jathiswaram
- Padam

Module – III

Hand Gestures

- Mudra
- Viniyogas – kadakam, musti and karthareemugham

Module IV

Abhinaya

- Nava rasas
- Eye movements (Excercises)
- Neck movements
- Head movements

Semester 04

Course 04

Course Name : Recital Items part III (Practical-IV)

Course Code : IVB114Mo

Aim and objectives

1. The course aims at moulding a student to become a good performer.
2. To impart knowledge regarding composition of Jati-s, Korvai-s and Panchanadai.
3. To impart knowledge of Mohiniyattam repertoire.

Module I

Revising lessons

- Excercises
- Chuzippu-s
- Cholkettu
- Jathiswaram

Module II

Recital items

- Padam
- Varnam- any traditional padavarnam of Swathi tirunal or Irayimman Thampi

Module III

Hand Gestures

- Mudras
- Viniyogas of sukathundam, kapithakam and hamsapaksham

Module IV

Tala systems

- Adavus of varnam
- Composing Jatis and Panchanatai

Semester 05

Course 05

Course Name : Recital Items part IV (Practical-V)

Course Code : VB115Mo

Aim and objectives

1. The course aims at moulding a student to become a good performer.
2. To impart knowledge regarding, composition of Jathi-s, Korvai-s, Panchanadai-s
3. To impart knowledge of Mohiniyattam repertoire.

Module I

Revising lessons

- Exercises and Chuzhippus
- Cholkettu
- Jattiswaram
- Padam
- Varnam

Module II

Recital items

- Sappham
- Thillana

Module III

Hand Gestures

- Mudras
- Viniyogas of shikharam, hamsasyam, anjali and ardhachandan

Module IV

Tala systems

- Adavus of Sappham and Thillana
- Composing Jathis and Panchanatai-s

Semester 05

Course 06

**Course Name : Viniyoga of mudras based on Hasthalakshanadeepika
(Practical-VI)**

Course Code : VB116Mo

Aim and objectives

1. The course aims at moulding a student to become a good performer and choreographer.
2. To impart knowledge regarding, the use of mudras for the sahithya of Mohiniyattam .

Module I

Revising lessons

- Basic mudras
- Viniyoga of mudras from pathakam to ardhachandran

Module II

Viniyoga of mudras

- Mukuram to kadakamugam

Module – III

Hand Gestures

- Nritta hasthas
- Abinaya hasthas
- Dashavathara hasthas

Module IV

Different kind of mudras

- Samana mudras
- Sankalana mudras
- Misra mudras

SEMESTER 05

Course 07

Course Name : General Introduction to Indian Dances (Theory 1)

Course Code : VB117Mo

Aims and Objectives

1. The course is intended to impart pragmatic information about major Indian Dance forms, both classical and folk, arts and its techniques.
2. To enable the students in discriminating various dance forms, which helps to make a vivid structure of their own subject and its techniques.
3. To familiarize the students with the importance of music in dance, the essential techniques of abhinaya and the stage management.

Module I

General Introduction to Indian classical Dances (8)

- Bharatanatyam (Tamil Nadu)
- Kathakali (Kerala)
- Kathak (North India)
- Odissi (Orissa)
- Manipuri (Manipur)
- Kuchipudi (Andhra Pradesh)
- Mohiniyattam (Kerala)
- Sathriya (Assam)

Module II

Rasas and Bhavas

- Navarasas, Bhavas, Chaturvidhabhinaya, Nayaka and Nayika bhedas

Module III

Dance Music

- Hindustani, Carnatic, Sopanam, Abhinaya Sangeetham
- Musical Forms (Padavarna, Tanavarna, Daruvarna, Jathiswara, Swarajati, Padam, Thillana etc.)
- Music Composers (Trinities, Swathi Tirunal, IrayimmanThampi, Kuttykundu Tankanchi, Tanjore Brothers, Kshethrjnar, Jayadeva, Kalamandalam Kalyanikuttyamma)

Module IV

Folk dances of India

- Thiruvathirakali, Karakattam, Garba, Bhangragidha
- Lavanitipri, Kuravanji, Khayal, Ghumar

Semester 05

Course 08

Course Name : General Information and Informatics to the area of Mohiniyattam (Theory 2)

Course Code : VB118Mo

Aim and objectives

The course aims in understanding the history of Mohiniyattam and other areas emphasizing in the propagation and popularization of performing arts.

Module I

Evidences about Mohiniyattam (Both literary and inscriptions)

- Vyavaharamala
- Kunjan Nambiar
- Balaramabharatham
- Stone and palm leaf inscriptions about Mohiniyattam.
- Evidence from Travancore court
- Thalinanka nadanam

Module II

Importance of medias in preservation and propagation of Mohiniyattam

- Doordarsan
- Akashvani
- e learning

Module III

Literary medias

- Journals and magazines
- Press media

Module IV

Dance festivals

- Soorya festival
- Mudra festival
- Dharani festival
- Nisagandhi festival
- Swaralaya feativall

Semester 05

Course 09 (open course)

Course Name :General Introduction to Mohiniyattam (Theory)

Course Code : VD129Mo

Aim and Objectives

1. The course is intended to provide an outline of Mohiniyattam in theoretical aspects.
2. Understanding the fundamentals of Mohiniyattam and dance music.
3. A general awareness of dance texts.

Module – I

Basic of Mohiniyattam

- Mandalabhedas, Padabhedas, Charibhedas, Adavus
- Basic Mudras
- Thalas

Module II

Authentic texts on Dance

- Hasthalakshanadeepika
- Abhinayadharpanam
- MohiniyattamCharithravumAttaprakaravum
- Natyasastra

Module III

Comparative study

- Bharathanatyam
- Mohiniyattam

Module IV

AbhinayaSangeetham

- Music in Mohiniyattam and Bharatanatyam
- Contributions of Swathithirunal

Semester 05

Course 10

Course Name : Project work (Practical-VII)

Course Code : VB119Mo

Aim and objectives

The course aims at analyzing the choreographic skills of the students.
Students should submit a record of the techniques followed in their choreography.

Submission of Record

Module I

Selection of a composition

Module II

Specialities of the composition

Module III

Methods of choreography

Structural value

Module IV

Musical aspect

Semester 06

Course 11

Course Name : Recital items (Practical-VIII)

Course Code : VIB120Mo

Aim and objectives

1. The course aims at moulding a student to become a good performer.
2. To impart knowledge regarding composition of Jati-s, Korvai-s, Panchanatai-s etc.
3. To impart knowledge on the repertoire of Mohiniyattam

Module I

Revising lessons

- Cholkettu
- Jathiswaram
- Padams
- Varanam
- Thillana
- Sapham

Module II

- Slokam
- Keerthanam

Module III

- Study on the musical elements in Sloka
- Tala practice of Keerthanam

Module IV

- Application of sanchari bavas in keerthanam and slokam

Semester 06

Course 12

**Course Name : Music and Rhythm of Mohiniyattam items
(Practical IX)**

Course Code : VIB121Mo

Aim and objectives

1. The course aims at moulding a student to achieve a good knowledge on thala and music.
2. To impart knowledge regarding composition of Jati-s, Korvai-s, Panchanadai-s.
3. The course aims at imparting knowledge about the playing techniques of nattuvangam.

Module I

Tala of nritta items in Mohiniyattam

- Cholketu
- Jathiswaram
- Panchanada and korvas used in thillanas
- Varnam

Module II

Music of Mohiniyattam nritta items

- Jathiswaram
- Thillana

Module III

Music of abinaya items

- Padam
- Varnam

Module IV

Nattuvangam practice

- Cholketu
- Jathiswaram
- Thillana

Semester 06

Course 13

Course Name : Stage performance (Practical-X)

Course Code : VIB122Mo

Aim and Objectives

- 1 Dance Department offers a practical oriented curriculum and the course intends to train dancers to become good performers and scholars with a technical emphasis on classical dance.
- 2 To give an opportunity for a performance
- 3 Enable the students to organize a stage programme
- 4 To impart knowledge about makeup, nattuvangam etc.

Module I

Performance

- Style of presentation
- Improvisation
- Space Utilisation

Module II

Arrangements of a performance

- Annoucement
- Introduction
- Stage arrangements

Module III

- Make – up
- Costume

Module IV

- Talents in Nattuvangam.

Semester 06

Course 14

Course Name : Life and contributions of Mohiniyattam Masters and Institutions (Theory 3)

Course Code : VIB123Mo

Aim and objectives

- 1 To give insight to the students on the major institutions and its goals .
- 2 To have an understanding of the different banis.
- 3 To familiarise the major artists in the field.

Module I

Life and Contribution of masters in the field of Mohiniyattam

- Kalamandalam Kalyanikuttyamma.
- Kalamandalam Sathyabhama
- Dr KanakRele
- Bharathi Sivaji

Module II

Institutions

- Kerala Kalamandalam.
- S.S.U.S
- Vishva - Bharati
- R.L.V. College

Module III

Review on mohiniyattam text written by mohiniyattam masters

- Art of Mohiniyattam – Bharathi Sivaji
- Mohiniyattam, the lyrical dance – Dr Kanak Rele
- Mohiniyattam, charithravum attaprakaravum- Kalamandalam Kalyanikutty Amma

Module IV

Different Banis in Mohiniyattam

Semester 06

Course 15

Course Name: Life and Contribution of Music Composers in Mohiniyattam (Theory 4)

Course Code : VIB124Mo

Aim and objectives

1. The course helps students to understand the life history of music composers.
2. To impart knowledge regarding the music compositions used in Mohiniyattam performances

Module I

- Music composers
- Swathi thirunal
- Irayimman Thampi
- Kuttikunji Tankachi
- Kalyanikutty Amma
- KavalamNarayanaPanikar

Module II

Padavarnams of Swathi Thirunal and Irayimman Thampi

- Sumasayaka – sudhakapi, roopaka thala
- Sarasa shara sundara – neelambari, adi thala
- Manaseeme - sankarabaranam, adithala

Module III

Comparative study of padams used in Mohiniyattam

- Enthaho vallabha - asaveri raga, adi thala
- Panimathimughi bale -ahiri raga, misrachapu thala
- Enthoru mohana – neelambari raga, adi thala

Module IV

Compositions of Kavalam

- Tatwam
- Mukhachalam
- Jeeva

Complimentary courses for BA Mohiniyattam

Semester 01

Course 1

Course Name : Structure of Mohiniyattam (Theory 1)

Course Code :1C125Mo

Aim and objectives

1. The course aims at a general awareness on dance and its techniques.
2. To ensure knowledge about the basic elements of Mohiniyattam.
3. To have a brief knowledge on mythological and historical concept of Mohiniyattam.
4. To impart knowledge about the recital items of Mohiniyattam.

Module I

Basics of Mohiniyattam

- Chuzhippu
- Pada Bhedas
- Mandalas
- Anga – upanga – pratyangas and their usages.
- Charis
- 5 set of Advus (Taganam, Jaganam, Dhaganam, Samrisram and Tirumana Advaus)

Module II

Hand gestures

- Basic Mudras
- Different varieties of Hastas (Devata hastas, Desavatara Hastas, Samana Hastas, Samanardha Hastas)

Module III

General Introduction to recital items

- Cholketu
- Jathiswaram
- Varnam
- Padam
- Thillana
- Slokam
- Sapham

Module IV

General Introduction to History of Mohiniyattam

- Devasi system
- Mythological concept of Mohiniyattam
- Historical concept of Mohiniyattam

Semester 02

Course 02

Course Name : Basic lessons of Mohiniyattam (Practical I)

Course Code : IIB126Mo

Aim and Objectives

1. The focus of the course is moulding a student into a good dancer
2. To make clear the fundamentals of Mohiniyattam.
3. To impart knowledge about allied subjects like mudras, tala etc.

Module I

Prior preparations

- Chuzhippus
- Body Exercises
- Mandala Bhedas

Module II

Adavus

- Taganam
- Jaganam
- Dhaganam

Module III

Talam

- Talam of thaganam adavus
- Talam of jaganam adavus

Module IV

Basic Mudras

24 Mudras - Based on Hastalakshanadeepika

Semester 03

Course 3

Course Name : Nritha aspect of Mohiniyattam (Practical II)

Course Code : IIB127Mo

Aim and Objectives

1. The aim of the course is to provide basic knowledge of the nritha aspects.
2. To give an opening into the repertoire of Mohiniyattam
3. To familiarize the students with different kinds of mudras and its viniyoga

Module I

Adavus and Cholkkettu

- Sammisram and theermanam
- Cholkkettu

Module II

Talam

- Adavus of Cholkkettu (With Tala Angas)
- Tala of sammisram and theermanam adavus

Module III

Mudras

- 24 mudras based on Hasthalakshnadeepika
- Viniyoga of pataka

Module IV

Variety of Hastas

- Dasavatara Hastas
- Bandhu Hastas

Semester 04

Course 4

Course Name : Nritta and Nritya aspect of Mohiniyattam (Practical III)

Course Code : IVB128Mo

Aim and Objectives

1. The course is intended to enable the dance student to become a good performer.
2. To familiarize the students with both nritta and nritya aspects of Mohiniyattam.
3. To give a deep knowledge of Navarasas, the prominent feature of abhinaya.
4. To impart knowledge regarding composition of Jatis, Korvai-s

Module I

Recital Items

- Jathiswaram
- Padam

Module II

Navarasas

- Sringara
- Hasya
- Karuna
- Raudra
- Veera
- Bhayanaka
- Bheebhatsa
- Adbhuta
- Santa

Module III

Viniyoga of Mudras

Mudrakhyam, Katakam , Mushti, Kapitha

Module IV

Tala

- Adavus of Jathiswarm
- Panchajathi

Core Reading

1. Mohiniyattam: Charithravum Attaprakaravum - Kal. Kalyanikuttiamma,

2. Mridangabodhini - Parasala Ravi
3. Hastalakshanadeepika - Kerala Kalamandalam publication.
4. Abhinyadarpanam (Malayalam) - Dr. V.S. Sharma
5. Hand Gestures of Hastalakshanadeepika in Mohiniyattam - NirmalaPanicker.
6. Indian Classical Dance - KapilaVatsyaya
7. Folk dances of India - B.R. Kishore
8. The Odissi Dance - Kukum Mohanty
9. Indian Costumes - A. Biswas
10. Anandanritya - Bhaskara Menon and Radha Bhaskar
11. Folk Arts - N V Vishnu Namboothri
12. Dictionary of Kathakali - KPS Menon
13. The Natyasastra Tradition and Ancient Indian Society - Anupa Pande
14. Understanding Bharatanatyam - Mrinalini Sarabhai
15. Bharatanatyam - Sunil Kothari
16. Natyakala: SidhanthavumPrayogavum - P. Janardhanan
17. Bharathamuniyude Natyasastram - K.P. NarayanaPisaradi
18. Dasarupakam - Dhananjaya
19. Natyasastra with Abhinavabharati - (Ed.) R.S. Nagar
20. Bharatas Natyasastra - KapilaVatsyayan
21. Erotica in Indian Dance - ProjeshBanerji
22. Rasa Theory - Prof. B.M. Chaturvedi
23. Rasabharati - Veda Bandhu
24. Natakpraveshika - A.D. Hari Sharma and R.C. Sharma
25. Dakshinedian Sangeetham - A.K. Raveedranath
26. Sangeetha sastra praveshika - Venkata Subramanya Iyer.
27. South Indian Music - Prof. P.SambaMurthi
28. Abhinayasangeetham - LeelaOmcheri
29. Carnatic Music Reader - Dr. S. Bhagyalakshmi
30. The immortals of Indian Music - Leela Omcheri and Deepthi Omcheri
31. Comparative study of Evolution of Music in India and West - Dr. Swatandra Sharma
32. Sangeetharatnakaram - R. Rangaramanuja Ayyankar
33. Core of Karnatic Music - A.D. Madhavan
34. Karanataka Sangeetha Lokam – Srikumari Ramachandran
35. Geethagovindam – Jayadevan
36. Mohiniyattam: The lasya dance of Kerala - Nirmala Panicker.
37. Keralathile Chuvarchitrangal - Sasi Bhooshan.
38. Keralathinte Innalakal - N.B. Ganesh
39. Kerala Samskarika Charithram - P.K. Gopalakrishnan
40. A History of Art - H.B. Cotterill
41. Chilappathikaram and Manimekhala - Lakshmi Holmstrom
42. Keraleeya Samskarika Sahitya Charitram - Vadakkumkur
43. Kerala Kalamandalam Charitram - Leela Namboodiripad.

44. Art of Mohiniyattom - Bharati Sivaji
45. Mohiniyattam- The Lyrical Dance - Dr Kanak Rele
46. Art of India: Pre history to the present - (Ed.) Frederick M. Asher
47. Dance Modernity and Culture - Helen Thomas
48. Natyasidhandam – C.S. Biju
49. India's Dances: Their history, Technique and Repertoire – Reginald Massey
50. Traditions of Indian Folk Dances – Kapila Vatsayan
51. History of Thamizhs Dance- Dr S Raghuraman

