

## Syllabus for Undergraduate Course

### Mohiniyattam

#### SEMESTER I

Course code	Title of the Course	Credits	Working Hours
IB111Mo	Basics of Mohiniyattam - Practical I	3	4
IC125 Mo	Structure of Mohiniyattam - Theory	3	4

#### SEMESTER II

I1B112Mo	Recital items (Part 1) - Practical II	3	4
I1C126Mo	Basic lessons of Mohiniyattam - Practical I	3	4

#### SEMESTER III

I1B113Mo	Recital Items (Part II) - Practical III	4	5
I1C127Mo	Nritta aspect of Mohiniyattam - Practical II	4	5

#### SEMESTER IV

IVB114Mo	Recital items (Part III) - Practical IV	4	5
IVC128Mo	Nritta and Nrithya aspects of Mohiniyattam - Practical III	4	5



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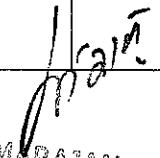
### SEMESTER V

Course code	Title of the Course	Credits	Working Hours
VB115Mo	Recital items - Part IV (Practical V)	4	5
VB116Mo	Viniyoga based on Hasthalakshanadeepika - (Practical VI)	4	5
VB117Mo	General Introduction to Indian Dances – Theory I	4	5
VB118Mo	General Information and Informatics to the Area of Mohiniyattam – Theory II	4	5
VD129Mo	General Introduction to Mohiniyattam-Theory	4	5
VB119Mo	Project work - (Practical VII)	1	1

### SEMESTER VI

VIB120Mo	Recital items - Part V (Practical VIII)	4	5
VIB121Mo	Music and Rhythm of Mohiniyattam items (Practical IX)	4	5
VIB122Mo	Stage performance (Practical X)	4	5
VIB123Mo	Life and contributions of Mohiniyattam Masters and Institutions Theory Paper III	4	5
VIB124 Mo	Life and contributions Music Composers in Mohiniyattam Theory Paper IV	4	5



  
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## Semester 01

### Course 01

Course Name : Basics of Mohiniyattam (Practical-I)

Course Code : IB111Mo

#### Aim and objectives

The course aims at moulding a student into a dancer through the systematic practice of the fundamentals ie; sadhakas, adavus, usages of triangas, tala etc. For a lasya form of dance with delicate movements, the body needs rigorous practice for attaining balance.

#### Module I

##### Body exercises

- Chuzhipu - 6
- Mandalas - 5
- Padabhedas - 5
- Charis - 14

#### Module II

##### Angas, Upangas, Pratyangas and their usages

- Neck Movements
- Eye Movements
- Head Movements

#### Module III

- Hand gestures
- Basic Mudras
- Different types of Hastas (Devata, Dasavatara, Abhinaya, Misra, Bandhu, Samana, Samanardha)

#### Module IV

##### Adavus (part -1)

- Taganam, Gaganam, Dhaganam
- Sapta Talas



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## Semester 02

### Course 02

Course Name : Recital Items of Mohiniyattam (Practical-II)

Course Code : IIB112Mo

### Aim and objectives

1. The course is intended to provide systematic dance training through the basic adavus and the recital items.
2. To familiarize the students with the nritta aspects of Mohiniyattam.
3. To give knowledge on the essential elements like mudras, tala etc.

### Module I

Previous lessons (Revision)

- Exercises
- Chuzhippu
- Adavus
- Mudras

### Module II

Recital Items and Adavus (part 2)

- Sammisram and theermanam
- Cholkettu

### Module III

Hand Gestures

- Mudras
- Viniyogas - pataka and mudrakhyam

### Module IV

Thala Systems

- Talas of mohiniyattam adavus
- Tala of cholkettu



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## Semester 03

### Course 03

Course Name : Recital Items of Mohiniyattam (Practical-III)

Course Code : IIB113Mo

#### Aim and objectives

1. Aim of the course is to emphasis the training of angikabhinaya.
2. Moulding the talents in abhinaya through various sadhakas.
3. To study the usages of various hand gestures.

#### Module I

Revising lessons

- Excercises and Chuzippu-s
- Cholkettu

#### Module II

Recital items

- Jathiswaram
- Padam

#### Module – III

Hand Gestures

- Mudra
- Viniyogas – kadakam, musti and karthareemugham

#### Module IV

Abhinaya

- Nava-rasas
- Eye movements (Excercises)
- Neck movements
- Head movements



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## Semester 04

### Course 04

Course Name : Recital Items part III (Practical-IV)

Course Code : IVB114Mo

### Aim and objectives

1. The course aims at moulding a student to become a good performer.
2. To impart knowledge regarding composition of Jati-s, Korvai-s and Panchanadai.
3. To impart knowledge of Mohiniyattam repertoire.

### Module I

Revising lessons

- Excercises
- Chuzippu-s
- Cholkettu
- Jathiswaram

### Module II

Recital items

- Padam
- Varnam- any traditional padavarnam of Swathi tirunal or Irayimman Thampi

### Module III

Hand Gestures

- Mudras
- Viniyogas of sukathundam, kapithakam and hamsapaksham

### Module IV

Tala systems

- Adavus of varnam
- Composing Jatis and Panchanatai



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## Semester 05

### Course 05

Course Name : Recital Items part IV (Practical-V)

Course Code : VB115Mo

#### Aim and objectives

1. The course aims at moulding a student to become a good performer.
2. To impart knowledge regarding, composition of Jathi-s, Korvai-s, Panchanadai-s
3. To impart knowledge of Mohiniyattam repertoire.

#### Module I

Revising lessons

- Excercises and Chuzhippus
- Cholkettu
- Jattiswaram
- Padam
- Varnam

#### Module II

Recital items

- Saptham
- Thillana

#### Module III

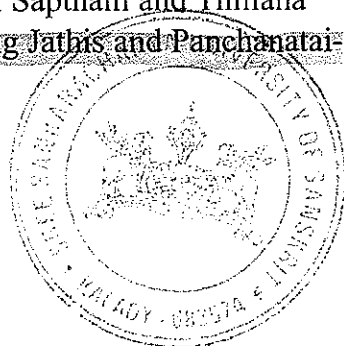
Hand Gestures

- Mudras
- Viniyogas of shikharam, hamsasyam, anjali and ardhachandan

#### Module IV

Tala systems

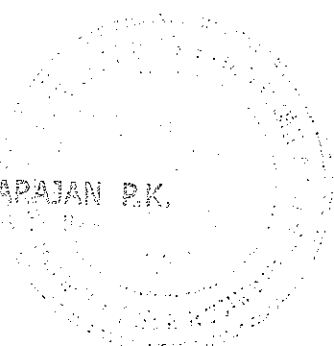
- Adavus of Saptham and Thillana
- Composing Jathis and Panchanatai-s



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## Semester 05

### Course 06

Course Name : Viniyoga of mudras based on Hasthalakshanadeepika  
(Practical-VI)

Course Code : VB116Mo

### Aim and objectives

1. The course aims at moulding a student to become a good performer and choreographer.
2. To impart knowledge regarding, the use of mudras for the sahithya of Mohiniyattam .

### Module I

Revising lessons

- Basic mudras
- Viniyoga of mudras from pathakam to ardhachandran

### Module II

Viniyoga of mudras

- Mukuram to kadakamugam

### Module – III

Hand Gestures

- Nritya hasthas
- Abhinaya hasthas
- Dashavathara hasthas

### Module IV

Different kind of mudras

- Samana mudras
- Sankalana mudras
- Misra mudras



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## SEMESTER 05

### Course 07

Course Name : **General Introduction to Indian Dances (Theory 1)**

Course Code : **VB117Mo**

### Aims and Objectives

1. The course is intended to impart pragmatic information about major Indian Dance forms, both classical and folk, arts and its techniques.
2. To enable the students in discriminating various dance forms, which helps to make a vivid structure of their own subject and its techniques.
3. To familiarize the students with the importance of music in dance, the essential techniques of abhinaya and the stage management.

### Module I

#### General Introduction to Indian classical Dances (8)

- Bharatanatyam (Tamil Nadu)
- Kathakali (Kerala)
- Kathak (North India)
- Odissi (Orissa)
- Manipuri (Mamipur)
- Kuchipudi (Andra Pradesh)
- Mohiniyattam (Kerala)
- Sathriya (Assam)

### Module II

#### Rasas and Bhavas

- Navarasas, Bhavas, Chaturvidhabhinaya, Nayaka and Nayika bhedas

### Module III

#### Dance Music

- Hindustani, Carnatic, Sopanam, Abhinaya Sangeetham
- Musical Forms (Padavarna, Tanavarna, Daruvarna, Jathiswara, Swarajati, Padam, Thillana etc.)
- Music Composers (Trinities, Swathi Tirunal, IrayimmanThampi, Kuttukunju Tankanchi, Tanjore Brothers, Kshethrjnar, Jayadeva, Kalamandalam Kalyanikuttyamma)

### Module IV

#### Folk dances of India

- Thiruvathirakali, Karakattam, Garba, Bhangragidha
- Lavanitipri, Kuravanji, Mayal, Ghumar



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## Semester 05

### Course 08

**Course Name : General Information and Informatics to the area of Mohiniyattam (Theory 2)**

**Course Code : VB118Mo**

### Aim and objectives

The course aims in understanding the history of Mohiniyattam and other areas emphasizing in the propagation and popularization of performing arts.

### Module I

Evidences about Mohiniyattam (Both literary and inscriptions)

- Vyavaharamala
- Kunjan Nambiar
- Balaramabharatham
- Stone and palm leaf inscriptions about Mohiniyattam.
- Evidence from Travancore court
- Thalinanka nadanam

### Module II

Importance of medias in preservation and propagation of Mohiniyattam

- Doordarsan
- Akashvani
- e learning

### Module III

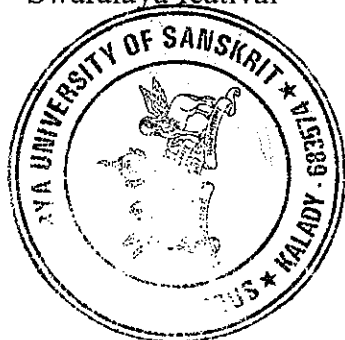
Literary medias

- Journals and magazines
- Press media

### Module IV

Dance festivals

- Soorya festival
- Mudra festival
- Dharani festival
- Nisagandhi festival
- Swaralaya festival



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## Semester 05

### Course 09 (open course)

Course Name : General Introduction to Mohiniyattam (Theory)

Course Code : VD129Mo

### Aim and Objectives

1. The course is intended to provide an outline of Mohiniyattam in theoretical aspects.
2. Understanding the fundamentals of Mohiniyattam and dance music.
3. A general awareness of dance texts.

### Module – I

Basic of Mohiniyattam

- Mandalabhedas, Padabhedas, Charibhedas, Adavus
- Basic Mudras
- Thalas

### Module II

Authentic texts on Dance

- Hasthalakshanadeepika
- Abhinayadharpanam
- MohiniyattamCharithravumAttaprakaravum
- Natyasastra

### Module III

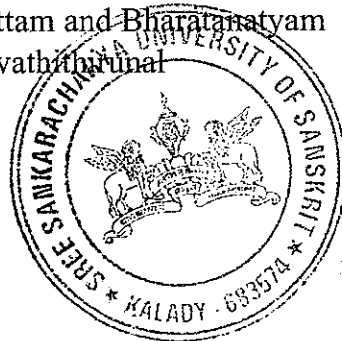
Comparative study

- Bharathanatyam
- Mohiniyattam

### Module IV

AbhinayaSangeetham

- Music in Mohiniyattam and Bharathanatyam
- Contributions of Swathithirunal



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## Semester 05

### Course 10

Course Name : Project work (Practical-VII)

Course Code : VB119Mo

### Aim and objectives

The course aims at analyzing the choreographic skills of the students.  
Students should submit a record of the techniques followed in their choreography.

### Submission of Record

#### Module I

Selection of a composition

#### Module II

Specialities of the composition

#### Module III

Methods of choreography  
Structural value

#### Module IV

Musical aspect



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## Semester 06

### Course 11

Course Name : Recital items (Practical-VIII)

Course Code : VIB120Mo

#### Aim and objectives

1. The course aims at moulding a student to become a good performer.
2. To impart knowledge regarding composition of Jati-s, Korvai-s, Panchanatai-s etc.
3. To impart knowledge on the repertoire of Mohiniyattam

#### Module I

Revising lessons

- Cholkettu
- Jathiswaram
- Padams
- Varanam
- Thillana
- Saptham

#### Module II

- Slokam
- Keerthanam

#### Module III

- Study on the musical elements in Sloka
- Tala practice of Keerthanam

#### Module IV

- Application of sanchari bavas in keerthanam and slokam



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## Semester 06

### Course 12

Course Name : Music and Rhythm of Mohiniyattam items  
(Practical IX)

Course Code : VIB121Mo

#### Aim and objectives

1. The course aims at moulding a student to achieve a good knowledge on thala and music.
2. To impart knowledge regarding composition of Jati-s, Korvai-s, Panchanadai-s.
3. The course aims at imparting knowledge about the playing techniques of nattuvangam.

#### Module I

Tala of nritta items in Mohiniyattam

- Cholkettu
- Jathiswaram
- Panchanada and korvas used in thillanas
- Varnam

#### Module II

Music of Mohiniyattam nritta items

- Jathiswaram
- Thillana

#### Module III

Music of abinaya items

- Padam
- Varnam

#### Module IV

Nattuvangam practice

- Cholketu
- Jathiswaram
- Thillana



## Semester 06

### Course 13

Course Name : Stage performance (Practical-X)

Course Code : VIB122Mo

#### Aim and Objectives

- 1 Dance Department offers a practical oriented curriculum and the course intends to train dancers to become good performers and scholars with a technical emphasis on classical dance.
- 2 To give an opportunity for a performance
- 3 Enable the students to organize a stage programme
- 4 To impart knowledge about makeup, nattuvangam etc.

#### Module I

##### Performance

- Style of presentation
- Improvisation
- Space Utilisation

#### Module II

##### Arrangements of a performance

- Annoucement
- Introduction
- Stage arrangements

#### Module III

- Make – up
- Costume

#### Module IV

- Talents in Nattuvangam



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## Semester 06

### Course 14

**Course Name : Life and contributions of Mohiniyattam Masters and Institutions (Theory 3)**

**Course Code : VIB123Mo**

#### Aim and objectives

- 1 To give insight to the students on the major institutions and its goals .
- 2 To have an understanding of the different banis.
- 3 To familiarise the major artists in the field.

#### Module I

Life and Contribution of masters in the field of Mohiniyattam

- Kalamandalam KalyanikuttiAmma.
- Kalamandalam Sathyabhama
- Dr KanakRele
- Bharathi Sivaji

#### Module II

Institutions

- Kerala Kalamandalam.
- S.S.U.S
- Vishva - Bharati
- R.L.V. College

#### Module III

Review on mohiniyattm text written by mohiniyattammasters

- Art of Mohiniyattam – Bharathi Sivaji
- Mohiniyattam, the lyrical dance – Dr Kanak Rele
- Mohiniyattam, charithravm attaprakaravum- Kalamandalam Kalyanikutty Amma

#### Module IV

Different Banis in Mohiniyattam



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## Semester 06

### Course 15

**Course Name: Life and Contribution of Music Composers in Mohiniyattam (Theory 4)**

**Course Code : VIB124Mo**

#### Aim and objectives

1. The course helps students to understand the life history of music composers.
2. To impart knowledge regarding the music compositions used in Mohiniyattam performances

#### Module I

- Music composers
- Swathi thirunal
- Irayimman Thampi
- Kuttikunji Tankachi
- Kalyanikutty Amma
- KavalamNarayanaPanikar

#### Module II

**Padavarnams of Swathi Thirunal and Irayimman Thampi**

- Sumasayaka – sudhakapi, roopaka thala
- Sarasa shara sundara – neelambari, adi thala
- Manaseeme - sankarabaranam, adithala

#### Module III

**Comparative study of padams used in Mohiniyattam**

- Enthaho vallabha - asaveri raga, adi thala
- Panimathimughi bale - ahiri raga, misrachapu thala
- Enthoru mohana – neelambari raga, adi thala

#### Module IV

**Compositions of Kavalam**

- Tatwam
- Mukha
- Jeeva



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## Complimentary courses for BA Mohiniyattam

### Semester 01

#### Course 1

Course Name : Structure of Mohiniyattam (Theory 1)

Course Code :1C125Mo

#### Aim and objectives

1. The course aims at a general awareness on dance and its techniques.
2. To ensure knowledge about the basic elements of Mohiniyattam.
3. To have a brief knowledge on mythological and historical concept of Mohiniyattam.
4. To impart knowledge about the recital items of Mohiniyattam.

#### Module I

##### Basics of Mohiniyattam

- Chuzhippu
- Pada Bhedas
- Mandalas
- Anga – upanga – pratyangas and their usages.
- Charis
- 5 set of Advus (Taganam, Jaganam, Dhaganam, Samrisram and Tirumana Advaus)

#### Module II

##### Hand gestures

- Basic Mudras
- Different varieties of Hastas (Devata hastas, Desavatara Hastas, Samana Hastas, Samanardha Hastas)

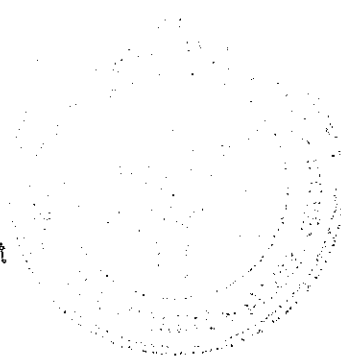
#### Module III

##### General Introduction to recital items

- Cholkettu
- Jathiswaram
- Varnam
- Padam
- Thillana
- Slokam
- Sappham



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## General Introduction to History of Mohiniyattam

- Devasi system
- Mythological concept of Mohiniyattam
- Historical concept of Mohiniyattam

## Semester 02

### Course 02

Course Name : Basic lessons of Mohiniyattam (Practical I)

Course Code : IIB126Mo

### Aim and Objectives

1. The focus of the course is moulding a student into a good dancer
2. To make clear the fundamentals of Mohiniyattam.
3. To impart knowledge about allied subjects like mudras, tala etc.

### Module I

#### Prior preparations

- Chuzhippus
- Body Exercises
- Mandala Bhedas

### Module II

#### Adavus

- Taganam
- Jaganam
- Dhaganam

### Module III

#### Talam

- Talam of thaganam adavus
- Talam of jaganam adavus

### Module IV

#### Basic Mudras

24 Mudras - Based on Hastalakshanadeepika

## Semester 03



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### Course 3

Course Name : Nritta aspect of Mohiniyattam (Practical II)

Course Code : IIB127Mo

#### Aim and Objectives

1. The aim of the course is to provide basic knowledge of the nritta aspects.
2. To give an opening into the repertoire of Mohiniyattam
3. To familiarize the students with different kinds of mudras and its viniyoga

#### Module I

##### Adavus and Cholkettu

- Sammisram and theermanam
- Cholkettu

#### Module II

##### Talam

- Adavus of Cholkettu (With Tala Angas)
- Tala of sammisram and theermanam adavus

#### Module III

##### Mudras

- 24 mudras based on Hasthalakshnadeepika
- Viniyoga of pataka

#### Module IV

##### Variety of Hastas

- Dasavatara Hastas
- Bandhu Hastas



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Semester 04

## Course 4

Course Name : Nritta and Nritya aspect of Mohiniyattam (Practical III)

Course Code : IVB128Mo

### Aim and Objectives

1. The course is intended to enable the dance student to become a good performer.
2. To familiarize the students with both nritta and nritya aspects of Mohiniyattam.
3. To give a deep knowledge of Navarasas, the prominent feature of abhinaya.
4. To impart knowledge regarding composition of Jatis, Korvai-s

### Module I

#### Recital Items

- Jathiswaram
- Padam

### Module II

#### Navarasas

- Sringara
- Hasya
- Karuna
- Raudra
- Veera
- Bhayanaka
- Bheebhatsa
- Adbhuta
- Santa

### Module III

#### Viniyoga of Mudras

Mudrakhyam, Katakam , Mushti, Kapitha

### Module IV

#### Tala

- Adavus of Jathiswarm
- Panchajathi

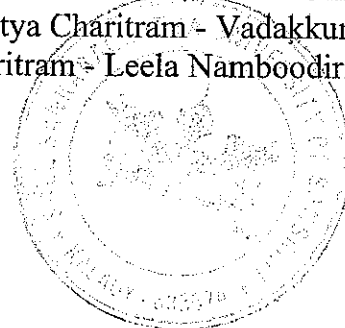
### Core Reading

1. Mohiniyattam: Charithravum Attaprakaravum - Kal. Kalyanikuttiamma,



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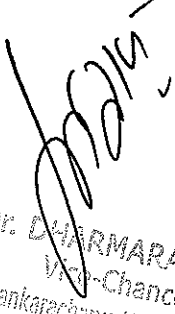
2. Mridangabodhini - Parasala Ravi
3. Hastalakshanadeepika - Kerala Kalamandalam publication.
4. Abhinyadarpanam (Malayalam) - Dr. V.S. Sharma
5. Hand Gestures of Hastalakshanadeepika in Mohiniyattam - NirmalaPanicker.
6. Indian Classical Dance - KapilaVatsyaya
7. Folk dances of India - B.R. Kishore
8. The Odissi Dance - Kukum Mohanty
9. Indian Costumes - A. Biswas
10. Anandanritya - Bhaskara Menon and Radha Bhaskar
11. Folk Arts - N V Vishnu Namboothri
12. Dictionary of Kathakali - KPS Menon
13. The Natyasastra Tradition and Ancient Indian Society - Anupa Pande
14. Understanding Bharatanatyam - Mrinalini Sarabhai
15. Bharatanatyam - Sunil Kothari
16. Natyakala: SidhanthavumPrayogavum - P. Janardhanan
17. Bharathamuniyude Natyasastram - K.P. NarayanaPisaradi
18. Dasarupakam - Dhananjaya
19. Natyasastra with Abhinavabharati - (Ed.) R.S. Nagar
20. Bharatas Natyasastra - KapilaVatsyayan
21. Erotica in Indian Dance - ProjeshBanerji
22. Rasa Theory - Prof. B.M. Chaturvedi
23. Rasabharati - Veda Bandhu
24. Natakpraveshika - A.D. Hari Sharma and R.C. Sharma
25. Dakshinedian Sangeetham - A.K. Raveedranath
26. Sangeetha sastra praveshika - Venkata Subramanya Iyer.
27. South Indian Music - Prof. P.SambaMurthi
28. Abhinayasangeetham - LeelaOmcheri
29. Carnatic Music Reader - Dr. S. Bhagyalakshmi
30. The immortals of Indian Music - Leela Omcheri and Deepthi Omcheri
31. Comparative study of Evolution of Music in India and West - Dr. Swatandra Sharma
32. Sangeetharatnakaram - R. Rangaramanuja Ayyankar
33. Core of Karnatic Music - A.D. Madhavan
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