

SREE SANKARACHRAYA UNIVERSITY OF SANSKRIT, KALADY

DEPARTMENT OF BHARATHANATYAM 2014-15 SYLLABUS FOR UNDERGRADUATE PROGRAMME

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Syllabus for Undergraduate Programme Department of Dance – Bharatanatyam Sree Shankaracharya University of Sanskrit, Kalady

VISION

- To explore the splendours of traditional Indian dance forms in their aesthetic and philosophical dimensions.
- To bring out the unity of Indian culture in its diversity.
- To provide an opportunity for the artist to create and develop themselves intellectually, artistically, mentally and physically.

MISSION

- To be enriched by the varied resources of dance form Bharatanatyam and propagate and preserve it.
- To impart in-depth training in both traditional and contemporary lines.
- To use these art form as a media to convey the contemporary subjects of the society as well as traditional topics.
- To produce creative artists and performers.

Note: Language courses for degree programmes are common as per University guidelines. Students selected for degree programme in dance department should follow the rules and regulations mentioned in the guidelines given by the university. First language is common and compulsory paper offered by the Department of English. For second language students can choose from the options provided by the university. Courses offered for second language is by the department of Sanskrit, Hindi and Malayalam.

NB: Aim and objectives of each course are given below with the course details.



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Semester I

Course Code	Title of the Course	Credits	Working Hours
IB111Bh	Practical – I	3	4
IC125Bh	General perspective of Dance and its Methodology	3	4

Semester II

Course Code	Title of the Course	Credits	Working Hours
IIB112Bh	Practical - II	3	4
IIC126Bh	Practical I	3	4

Semester III

Course Code	Title of the Course	Credits	Working Hours
IIIB113Bh	Practical – III	4	5
IIIC127Bh	Practical II	4	5

Semester IV

Course Code	Title of the Course	Credits	Working Hours
IVB114Bh	Practical – IV	4	5
IVC128Bh	Practical III	4	5

Semester V

Course Code	Title of the Course	Credits	Working Hours
VB115Bh	Practical V	4	5
VB116Bh	Practical VI	4	5
VB117Bh	Methodology specific to the area of Bharatanatyam	4	5
VB118Bh	General information and informatics to the area of Bharatanatyam	4	5
VD129Bh	Appreciations of Classical dance forms of India	3	4
VB119Bh	Project work	1	1



Semester VI

Course Code	Title of the Course	Credits	Working Hours
VIB120Bh	Practical VII	4	5
VIB121Bh	Practical VIII	4	5
VIB122Bh	Basic concept of Tālam. Practical IX	4	5
VIB123Bh	Introduction to Books and other records on dance	4	5
VIB124Bh	Basics of Aesthetics studies	4	5

SEMESTER I

Core Course - IB 111Bh Practical - I

Module 1 – Warm up exercises, śirō bhēdā-s, Grēva bhēdā-s, driṣṭi bhēdā-s, Dyāna slōka

Module 2 – Tattadavu

Samyukta and Asamyuksha hasta-s

Modude 3 – Nāţţaḍavu

Ta tai tai ta di tai tai ta

Module 4 - Tai ha tai hi

Tai ya tai yi

Aim and Objective:

This session is intended to teach the basic technique of dance and also to give an idea about the basic movements of major and minor limbs.

Reference books:

Abhinayadarpana of Nandikesvara – Manmohan Ghosh

Abhinayadarpana of Nandikesvara - Appa Rao



- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh
- Laghu Bharatam Vol I, II & III. Sudharani Raghupathy

Complimentary course – IC125Bh General Perspective of dance and its Methodology

Module 1 – Dyāna slōka, Treyangā-s, śirō bhēdā-s, Grēva bhēdā-s, ḍriṣṭi bhēdā-s, Samyuta and Asamyuta hastā-s.

Module 2 – Stānakā-s

Pāda bhēdā-s – Mañdala, Utplavana, Bhramari, Cāri

Module 3 – Development of dance from primitive to present.

Module 4 – Bharatanatyam – an over view

Aim and Objective:

This creates a clear awareness of the technique, practice and the presentation of dance.

Reference books:

- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh
- Laghu Bharatam Vol I, II & III. Sudharani Raghupathy
- Bharata's art then and now Dr Padma Subramanyam
- Religious Dancing Sengupta NN
- Dance of Shiva Ananda Coomarasvamy
- Theatre antropology Eugio Barba
- Theatre at the cross roads of culture Patric Pavis

SEMESTER II

Core course - IIB112Bh Practical II





Module 1 – Kōrvai adavu-s

Gudittumettu adavu-s

Sarikkal adavu-s

Module 2 – Kartarī adavu-s

Tai tai ta tam adavu-s

Dhi tai yum ta tā tai aḍavu-s

Module 3 – Mañdi adavu-s

Tērmānam adavu-s

Module 4 - Viniyōgā-s (12 from both asamyuta and samyuta hastā-s)

Aim and objective:

This is to teach the basic techniques of dance and to give an idea about the basic movements of major and minor limbs. The course also focuses on hand gestures and its usages.

Reference books:

- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh
- Laghu Bharatam Vol I, II & III. Sudharani Raghupathy
- Bharata's art then and now Dr Padma Subramanyam
- Religious Dancing Sengupta NN
- Dance of Shiva Ananda Coomarasvamy
- Theatre antropology Eugio Barba
- Theatre at the cross roads of culture Patric Pavis

Complementary course - IIC126Bh Practical II

Module 1 – Tattadavu-s – 8, Nāttadavu-s - 8

Module 2 – Paraval adavu-s - 2



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Gudittumettu adavu-s – 2

Module 3 - Tai ya tai yi adavu-s -2

Kōrvai adavu-s -2

Module 4 – Vēśi adavu-s -2

Teemana adavu-s 2

Mañdi adavu-s - 2.

Aim and objective:

This course is to train fundamentals of bharatanāṭyam for students to accrue flexibility and basics.

Reference books:

- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

SEMESTER III

Core course - IIIB113Bh Practical III

Module 1 – Alarippu – Tisram

Caturasram

Module 2 – Jatisvaram – Any traditional of the following.

Kalyani rāga – rūpaka tāla

Vasanta rāga – ādi or rūpaka tāla

Sāvēri rāga - rūpaka tāla

Tōdi rāga – ādi tāla

Hindolam rāga - ādi tāla



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Module 3 – Shabdam – Any traditional of the following.

Rāgamālika, Miśra chāpu

Aayar sheriyar

Neelamamayil

Skandane |

Gōgulmbudhi

Venugānane

Module 4 – Continuation of Viniyōga-s of Asamyuta and Samyuta hastā-s

Reciting the studied forms

Aim and objective:

This session introduces the dance items to the students. This will also provide an idea of the traditional concepts of dance and the dancer.

Reference books:

- Music and Bharatanatyam S Bhagyalakshmi
- Understanding Bharatanatyam Mrinalini Sarabhai
- South Indian Music Prof P Sambamoorthy
- Essence of Nattuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

Complimentary course - IIIC127Bh Practical II

Module 1 – Alarippu Tisram/ Chaturasram

Module 2 – Jatisvaram

Module 3 – Samyuta and Asamyuta hastā-s

Module 4 – Theoretical and Musical aspects of above forms.

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Aim and Objective:

Introduction of repertoire to the students.

Reference book:

- South Indian Music Prof P Sambamoorthy
- Essence of Națțuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

SEMESTER IV

Core course - IVB114Bh - Practical IV

Module 1 - Varnam - Any Traditional of the following.

Sankarabharana raga (manavi), ādi tala

Tōdi raga (roopamu), ādi

Ānandabhairavi (sakhiye) ādi

Sreeranjini (svami ne manam irangi), ādi

Devamanohari (unnai ninaindu), ādi

Kharaharapriya (mohamakine) ādi

Poorvikalyani (svamiye varasholladi), ādi

Kamasu (Velane), ādi

Husaini (Ye māyalādinān), rūpaka

Nātakurinji (chalamēlara), ādi

Kāmboji (Nādane azhaitu va), ādi

Module 2 - 2 Padam-s – Any traditional of the following.



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Klayani (Taiyale), ādi

Surutti (Indendu vāci), Misrachapu

Aḍāna (Madhura madhura), ādi

Kanada (Alaipāyute), ādi

Kambohi (kāna kan koodi), ādi

Saveri (yatanai sonnalum), ādi

Module 3 – Dashavatāra hasta

Bhandu hasta

Jāti hasta

Navagraha hasta

Astadikpala hasta

Dē va hasta,

Module 4 – Pāda bhēdā-s - – Mañdala bhēdā-s, Utplavana, Bhramari, Cāri

Reciting the studied forms (Music)

Aim and objective:

This session introduces the abhinaya elements to the students. This will also provide an idea of the traditional concepts of dance and the dancer.

Reference books:

- Music and Bharatanatyam S Bhagyalakshmi
- Understanding Bharatanatyam Mrinalini Sarabhai
- South Indian Music Prof P Sambamoorthy
- Essence of Națțuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

Complimentary course - IVC128Bh - Practical III



Module 1 - Shabdam

Module 2 - Padam

Module 3 - Tillana

Module 4 – Recital of these items (Music)

Aim and Objec tive:

This session introducing abhinaya part of the repertoire to the students.

Reference book:

- South Indian Music Prof P Sambamoorthy
- Essence of Națțuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

SEMESTER V

Core Course - VB115Bh - Practical V

Module 1 - Kertanam - Any Traditional of the following

Ne Uraippai –Ragamalika – Adi tāla

Jaganmōhana Krishna – Ragamalika – Adi tāla

Nadanamādinan – Vasantha rāga – Kanda jāti ada tāla

Sreman nārāyaņa (Annamacharya kriti) - Bouli raga - Adi tāla

Module 2 - Javali - Any Traditional of the following

Rāra yēra - Rāgamalika - Adi tāla

Chārumati - Kānaḍa raga - Miśra cāppu tāla

Nē māṭṭale – Rāgamālika – Adi tāla 🛭

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Module 3 – Ashtapati

Module 4 – Recital of above forms (Music)

Aim and objective:

This will introduce the core abhinaya forms of the repertoire.

Reference book:

- South Indian Music Prof P Sambamoorthy
- Essence of Nattuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

Core Course - VB116Bh - Practical VI

Module 1 – Hastā-s, Viniyogā-s and Padabhēdā-s

Module 2 - Revision of IIIB113Bh and IVB114Bh

Module 3 – Symbolic representation of mudra –s – Asamyukta hastā-s

Module 4 – Alarippu Tisra/Chaturasram

Aim and objective:

This course will help students to recollect all covered forms. Also here starts a new repertoire for them.

Reference books:

- Music and Bharatanatyam S Bhagyalakshmi
- Understanding Bharatanatyam Mrinalini Sarabhai
- South Indian Music Prof P Sambamoorthy
- Essence of Nattuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh

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VB119Bh - project work

SEMESTER VI

Core course - VIB120Bh - Practical VII

Module 1 – jatisvaram,

Module 2 – Padam 2

Module 3 - Tillana

Module 4 - Sloka

Aim and objective:

This session unfolds the Nritta and abhinaya elements to the students. This will also provide an idea of the traditional concepts of dance and the dancer.

Reference books:

- Music and Bharatanatyam S Bhagyalakshmi
- Understanding Bharatanatyam Mrinalini Sarabhai
- South Indian Music Prof P Sambamoorthy
- Essence of Nattuvangam; Bharatanatyam guide book Kamala Rani
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao
- Mirror of Gesture Ananda Coomarasvamy
- Message of Movements Anitha Shanmukh

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Core course - VIB121Bh - Practical VIII

Module 1 – Make up - Knowledge of Nattuvangam and its features

Module 2 – Symbolic representation of mudra –s – Samyukta hastā-s

Module 3 – Concert Presentation (studied in the syllabus)

Module 4 – Record Submission

Aim and objective:

This course will help students to present the form and event management through conducting performances. Also they come to know about nattuvangam and make up for the performance.

Reference books:

- Natyasastra K P Narayana Pisharody
- Natyasastra Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Manmohan Ghosh
- Abhinayadarpana of Nandikesvara Appa Rao

Core course - VIB122Bh Basic concept of Tālam. Practical IX

Module 1 – Sapta tālam, Panca jāti, Panca gati – 32 tāla tables and the cāppu tāla-s

Module 2 – Tāla dasa prāna

Module 3 - Pancajāti 'tadingiņatom' in in ādi, rūpakam and cāppu tālā-s

Module 4 – Setting kõrvai-s in ādi, rūpakam and cāppu tālā-s

Aim and objective:

Tālam is the integral part of dance. This core paper is to introduce the structure, pattern and nuances of rhythm.

Reference books:

- Dakshinendan sangeetham A K Ravendranath
- Music and bharatanatyam S Bhagyalakshmi
- South Indian Music Prof P Sambamoorthy
- Understanding Bharatanatyam Mrinalini Sarabhai

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