

Kerala's
ĀYURVEDIC TRADITION
— & —
SANSKRIT
SOURCES

AJITHKUMAR K.V.

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Kerala's ĀYURVEDIC TRADITION & SANSKRIT SOURCES

Kerala's Āyurvedic Tradition and Sanskrit Sources is an investigation into the continuation of Kerala Āyurvedic Tradition by Keralite authors through their Sanskrit work on Āyurveda in the evolution of Kerala culture.

Firstly, the origin of Āyurveda from Indus Valley and its transition from magico-religious treatment to empirico-rational treatment reflected in the authentic texts of Āyurveda are traced. Basic principles of Āyurveda like *Pañcabhūta* theory, *Tridoṣa* theory, etc., are dealt with in detail. Then an attempt is also made to trace the evolution of Āyurveda in Kerala and to give a number of some special therapies exclusively developed and practiced in Kerala. The influence of Siddha tradition can also be noticed in the Kerala tradition of Āyurveda. It is hoped that the present study will prompt Āyurvedic scholars to pursue the subject matter further and establish the link between *Sāstra* (Theory) and *Prayoga* (Practise). And it is high time to collect and codify the traditional rural knowledge among common masses and disseminate that knowledge and methods of preparation (organizations of women) and educational institutions etc., to check the exploitation by multinational companies in the era of globalization.



Dr. Ajithkumar K.V., son of Dr. Raghavan K.V. and Smt. Radha. K, has a Master's Degree in Sanskrit from the University of Calicut (1991). He also secured M.Phil. and Ph.D. from the same university. He has been in the field of teaching and research for 25 years. He has published more than 20 articles in research journals and books. He has presented papers in national and international seminars. Several doctorates in the field of Sanskrit and Manuscriptology were awarded under his guidance. At present, he is the Professor of Sanskrit and Co-ordinator of Manuscriptology, Sree Sankaracharya University of Sanskrit, Kalady, Kerala. He has served as the co-ordinator of KRATER Course (PG programme) connected with Āyurveda, Tourism and Sanskrit. He holds positions such as being the Academic Council Member of Sree Sankaracharya University of Sanskrit, Nodal Officer for Strengthening of Sanskrit Education in Kerala state and Office Bearer of Cultural Organizations in Kerala.

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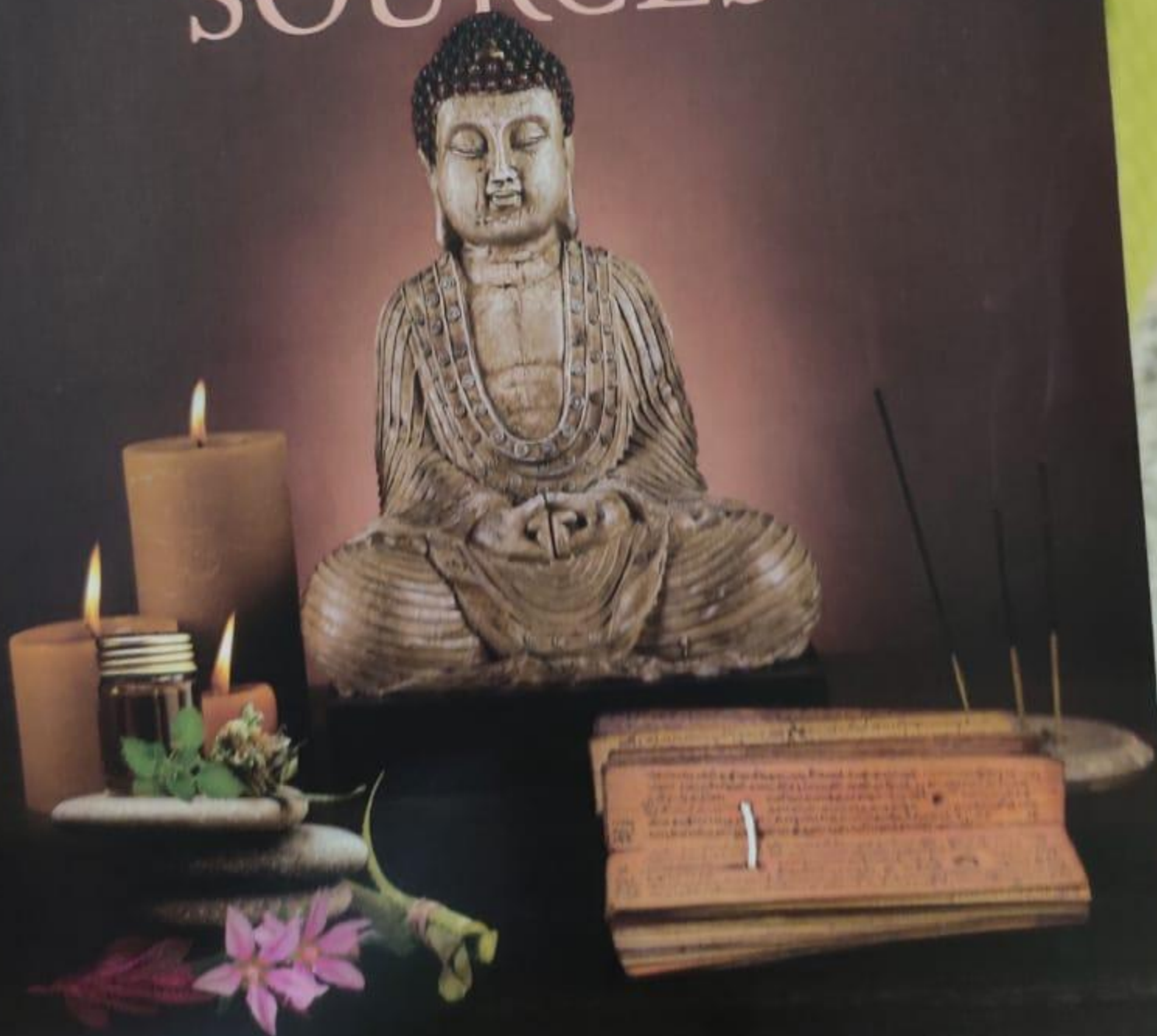
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